



FREE
Admission

Seated Yoga Classes

(Ages 55+)



Clarington Public Library
Experience **Community**

Starting
September 14th

Clarington Public Library
150 King Ave E, Newcastle, ON L1B 1H5

Every Wednesday
Between 4:00 p.m. - 5:00 p.m.

For information contact:
Central Intake
1-888-255-6680



Community Care Durham
SUPPORTING PEOPLE, STRENGTHENING COMMUNITY

