



FREE
Admission

Stretch & Tone Classes

(Ages 55+)

Starting

June 1st

Altona Road Community Church
1367 Altona Rd, Pickering, ON L1V 1M2

Every Monday

Between 12:30 p.m. - 1:30 p.m.

For information contact:

Central Intake
1-888-255-6680



Community Care Durham
SUPPORTING PEOPLE, STRENGTHENING COMMUNITY