

Mission: With coordinated networks of volunteers and staff, enrich the well-being and quality of life for people wherever they call home.

Volunteer Position: Community Food Box

Why should I get involved in volunteering?

- Meet new people and develop lasting relationships.
- Increase your happiness and better your well-being.
- Learn new skills and increase your self-esteem.
- Stand out on job applications and further your career.
- Help make a difference and give back to your community.

How can I help?

Reporting to Community Food Box staff, assist with a variety of roles including; driver/runner, packer/support and drivers for product pick up.

What is expected of me?

Drivers/Runners required each Friday. Packers/supports required Monday through Friday. Drivers for product pick up required Monday through Friday. Flexible shifts based on your availability with a time commitment of 1-2 hours.

Driver/Runner:

- Pick up food boxes from the Whitby/Oshawa Community Hub (typical start time is between 10-11am).
- Deliver boxes along an assigned route (average route is 1 hour) using your own vehicle.
- Deliver the food box items to the clients' kitchen (in some cases).
- Option of mileage reimbursement for volunteers using their own vehicle to deliver food boxes (paid monthly and based on km driven).

Packer/Support (Whitby/Oshawa Community Hub):

- Packers required to assemble food items (up to 3-hour shifts, Wednesdays, Thursdays and Fridays).
- Support may include administrative tasks, cleaning/disinfecting food boxes and inventory (up to 3-hour shifts, Mondays and Tuesdays).
- Responsibilities include receiving deliveries, opening cartons, lifting and stacking, filling food boxes and organizing food boxes for delivery.

Driver for product pick up:

- Using the CCD refrigerated cargo van, pick up product throughout the Durham Region/Peterborough and deliver to Whitby/Oshawa Community Hub.

Find a location close to you.

Food boxes are picked up from the Whitby/Oshawa Community Hub and delivered to clients who live in Clarington, Pickering/Ajax and Whitby/Oshawa.

What training will I receive?

- CCD Orientation and Training (virtual)
- Program specific training

What are the qualifications?

- Satisfactory Police Vulnerable Sector Check.
- Sensitivity to adults with needs related to aging, physical and/or mental health.
- Adhere to **COVID-19** safety practices.
- Must work in a safe manner and promote the health and safety of all staff, volunteers, clients and the community as outlined within CCD policies.
- Physically able to lift/carry up to 50 lbs.
- Basic knowledge of safe food handling.

For Driver/Runner:

- Minimum age 21.
- G class driver's license (minimum of 3 years).
- Minimum of \$1,000,000 liability insurance.
- Access to a clean, reliable vehicle.

For Packer/Support:

- Able to work on your feet in a fast-paced environment.

For Driver for product pick up:

- Minimum age 25.
- G class driver's license (minimum of 3 years).
- Satisfactory Driver's Abstract (3 Year Uncertified).
- Minimum of \$1,000,000 liability insurance.

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