

# In-Home Respite

Seniors and Adults (16+)



## Overview

Community Care Durham's In-Home Respite is a full fee for service program providing caregivers to ensure their loved ones are safely cared for while caregivers take time for their own activities, helping to prevent caregiver burnout and illness. Through the provision of personal care, assistance with activities of daily living, regular social interaction, meal preparation, and client centered light housekeeping, Personal Support Caregiver Relief, In-Home Respite (RC) provides much needed **caregiver relief** for people who are caring for a loved one, with needs related to aging, physical and/or mental health, and who need some support.

## What is provided by In-home Respite services?

- **Personal Support Services:** Includes dressing, personal hygiene, assisting with mobility, monitoring medications, and other routine activities of daily living.
- **Security Checks:** Security visits to assure health and safety on a scheduled and unscheduled 24/7 basis.
- **Care Coordination:** Includes coordinating all elements of client care.

## Eligibility Criteria

This service is suitable for clients 16 years of age or older,

- Clients must have a primary caregiver.
- They must reside in Durham region.
- They must be living with family.
- They must be receiving care in seniors' apartments, social housing buildings or even in a senior's own home.

The acceptance of a referral will be at the discretion of CCD, based on the suitability of the program to meet the needs of the client. Once accepted for service, CCD will complete an assessment of care needs and develop an individualized client care plan for service delivery.

## Services Provided

Community Care Durham (CCD) provides Personal Support Workers (PSWs) who maintain a safe environment and are trained to provide personal care, assistance with the activities of daily living, social interaction, meal preparation, and client centered light housekeeping in the client's home.

## Intake Process

In-home Respite services are booked through our Central Intake team which will then forward this to our Respite Care Coordinator for follow-up.

If the client is deemed eligible for service an Intake Screening and completion of an Assessment will be completed. The signing of the required documentation is completed to determine the needs of the client, when service is offered and scheduled day(s) for service is determined, and care needs discussed.

## Referral Partnerships

In-Home respite collaborates with Alzheimer's Society of Durham Region, Veterans Affairs and Brain Injury Association to care for the senior population to help reduce stress on the health care system and care-partner.

Care coordinator receives referral from partnerships and assists to provide respite care for care givers attending Alzheimer's meetings and or caregiver relief. The cost of services is covered by the partnership agency, and you must be a client for the partnership agency.

## Service Frequency

Respite services can be scheduled during the day, evening and overnight 24/7, Monday – Sunday to meet client needs.

## Cost for In-home Respite

- **Cost: \$28.00 per hour** (regular rate), and \$41.00 per hour (statutory holiday rate), with a minimum request of 2.5 hours
- **Cancellation policy:** A charge equivalent to two and a half (2.5) hours will be applied to your account if less than 48 hours notice is given when cancelling a Respite.

**Please note:** A limited number of fully subsidized In-Home Respite hours are available. Clients must qualify based on income and Notice of Assessment, which is reviewed on an annual basis. Once approved, clients will be onboarded with subsidy as per capacity or be placed on a waitlist.

## Payment/Billing

- Clients and care partners are invoiced for services rendered (where applicable). Cash payment is not accepted. Payments can be made with credit card on file, void cheque, or insurance.

## **Discharge Criteria**

There are several circumstances in which a client may need to be discharged from a program:

- The client no longer wishes to receive the service/participate in the program and has no other active services/programs.
- They are deceased.
- They have gone to a long-term care facility.
- The level of care is beyond the eligibility criteria of the program to assist. (i.e., ambulating or toileting requiring more than one PSW).
- The environment is unsafe for client or staff.

## **Contact**

Inquiries may be directed to Central Intake Team, **please call 1-888-255-6680.**

## **Related Services**

**[www.communitycaredurham.on.ca/services/personal-support-caregiver-relief/](http://www.communitycaredurham.on.ca/services/personal-support-caregiver-relief/)**