

# Home To Stay

Seniors and Adults (16+)



## Overview

Community Care Durham's Home to Stay Program (HTS) is a full fee for service program available to clients requiring the skills of a Personal Support Worker (PSW) and a Homemaker for routine activities of daily living and assistance with light client-centered housekeeping/companionship.

## What is provided by Home To Stay services?

- **Personal Support Services:** Includes dressing, personal hygiene, assisting with mobility, monitoring medications, and other routine activities of daily living.
- **Care Coordination:** Includes coordinating all elements of client care.
- **Homemaking Services:** Includes shopping, light meal preparation and light, client-centered housecleaning services that support clients to maintain personal independence safely at home.
- **Companionship:** Offers clients one on one time, providing social interaction such as playing bingo, going for walks. A companion's support can empower clients to live with more dignity and improve their quality of life.

## Services Provided

- **Personal Support Worker**

Community Care Durham (CCD) provides PSWs who maintain a safe environment and are trained to provide personal care, assistance with the activities of daily living, social interaction, meal preparation, and client centered light housekeeping in the client's home.

- **Homemaking Services**

Our homemaker can provide clients with one-on-one time, providing social interaction and light client centered housekeeping services. A Homemaker's support can empower clients to live with more dignity and improve their quality of life. Feeling seen, heard, and respected can give clients a sense of meaningful purpose to help them with the lifestyle they choose without having to feel like they are relying on friends, family, or neighbours.

## Service Frequency

Home To Stay Services can be scheduled during the day, evening and overnight 24/7, Monday – Sunday to meet client needs. Services are available across Durham Region and are offered in a variety of settings, including seniors' apartments, social housing buildings, long-term care or even in a senior's own home.

## Eligibility Criteria

This service is suitable for clients 16 years of age or older.

- Must reside in Durham Region
- Living alone or with family
- May/may not have a primary(family) caregiver.
- Needing assistance for appointments
- Receiving care in LTC , hospital or in their homes
- Needing assistance with light client-centered housekeeping

The acceptance of a referral will be at the discretion of CCD, based on the suitability of the program to meet the needs of the client. Once accepted for service, CCD will complete an assessment of care needs and develop an individualized client care/service plan for services delivery.

## Intake Process

Home To Stay services are booked through our Central Intake team which will then forward this to our Respite Care Coordinator for follow-up.

Based on the service eligibility criteria for Home to Stay, Initial Assessment will be completed. The signing of the required documentation is completed to determine the needs of the client, when service is offered and scheduled day(s) for service is determined, and care needs discussed.

## Limitations

**For Homemaking services** - Clients must provide all necessary supplies – i.e., disposable gloves, cleaning supplies, games, books, etc. to support light client centered housekeeping and social interaction. Homemakers do not drive clients in their vehicle to support recreational activities for companionship.

## Cost for Home To Stay Services

### Personal Support Worker

- **Cost: \$32.00 per hour** (regular rate), and \$48.00 per hour (statutory holiday rate), with a minimum request of 2.5 hours.

**Cancellation policy:** A charge equivalent to two and a half (2.5) hours will be applied to your account if less than 48 hours notice is given when cancelling a PSW.

## Homemaking Services

- **Cost: \$28.00 per hour** (regular rate), and \$41.00 per hour (statutory holiday rate), with a minimum request of 2.5 hours. Homemaking can be requested for during the day or evening hours 7 days per week. Occasional overnight coverage for special circumstances may be offered.

**Cancellation policy:** A charge equivalent to two and a half (2.5) hours will be applied to your account if less than 48 hours notice is given when cancelling homemaking services.

## Payment/Billing

- Clients and care partners are invoiced for services rendered. Cash payment is not accepted. Payments can be made with credit card on file, void cheque or through insurance.

## Discharge Criteria

There are several circumstances in which a client may need to be discharged from a program:

- The client no longer wishes to receive the service/participate in the program and has no other active services/programs.
- They are deceased.
- The level of care is beyond the eligibility criteria of the program to assist. (i.e. deep housekeeping, or toileting requiring more than one PSW).
- The environment is unsafe for client or staff.