

**Mission:** With coordinated networks of volunteers and staff, enrich the well-being and quality of life for people wherever they call home.

## Volunteer Position: Dining Assistant - Adult Day Program

### Why should I get involved in volunteering?

- Meet new people and develop lasting relationships.
- Increase your happiness and better your well-being.
- Learn new skills and increase your self-esteem.
- Stand out on job applications and further your career.
- Help make a difference and give back to your community.

### How can I help?

Reporting to Adult Day Program staff, assist with meal preparation and kitchen routines.

### What is expected of me?

Assistance is needed Monday through Friday from 9:30am until 1:30pm. Flexible shifts based on your availability with a time commitment of one day per week. Duties may include:

- Light meal preparation.
- Set and clear tables.
- Serve coffee, tea and snacks.
- Wash dishes, load and empty dishwasher.
- Wipe down kitchen and dining room surfaces.

### Find a location close to you.

Volunteer at one of our Community Hubs: Clarington, North Durham (**Uxbridge only**), Pickering/Ajax and Whitby/Oshawa.

### What training will I receive?

- CCD Orientation and Training (virtual)
- Program specific training

### What are the qualifications?

- Satisfactory Police Vulnerable Sector Check.
- Sensitivity to adults with needs related to aging, physical and/or mental health.
- Adhere to **COVID-19** safety practices.
- Must work in a safe manner and promote the health and safety of all staff, volunteers, clients and the community as outlined within CCD policies.
- Physically able to work on your feet, basic knowledge of safe food handling.

**Apply now** or click **here** to see other opportunities.