

**Mission:** With coordinated networks of volunteers and staff, enrich the well-being and quality of life for people wherever they call home.

## Volunteer Position: Adult Day Program

### Why should I get involved in volunteering?

- Meet new people and develop lasting relationships.
- Increase your happiness and better your well-being.
- Learn new skills and increase your self-esteem.
- Stand out on job applications and further your career.
- Help make a difference and give back to your community.

### How can I help?

Reporting to Adult Day Program staff, assist with a variety of social and recreational programs.

### What is expected of me?

Our programs run Monday through Friday from 9:00am until 6:00pm at various sites. Flexible shifts based on your availability with a minimum of 2 hours per week. Duties may include:

- Facilitate large group activities (e.g. interactive games and exercise).
- Assist staff with programming (e.g. educational, cognitive, emotional, entertainment).
- Work one-on-one with clients (e.g. assist with fine motor skills).
- Administrative tasks (e.g. client files, answer the phone).
- Housekeeping tasks (e.g. cleaning and sanitation of kitchen and common areas).

### Find a location close to you.

Volunteer at one of our Community Hubs: Clarington, North Durham (**Uxbridge only**), Pickering/Ajax and Whitby/Oshawa.

### What training will I receive?

- CCD Orientation and Training (virtual)
- Program specific training

### What are the qualifications?

- Satisfactory Police Vulnerable Sector Check.
- Sensitivity to adults with needs related to aging, physical and/or mental health.
- Adhere to **COVID-19** safety practices.
- Must work in a safe manner and promote the health and safety of all staff, volunteers, clients and the community as outlined within CCD policies.
- Able to work on your feet in a fast-paced environment.

**Apply now** or click [here](#) to see other opportunities.