# **Friendly Visiting**



Seniors and Adults (16 +)

#### **Overview**

Seniors and Adults (16+) are matched with one of CCD's Friendly Visiting volunteers and receive much-needed social interaction, so they can maintain their independence and quality of life while safely remaining in their home. The volunteer offers companionship regularly with a face-to-face visit or telephone visit at a mutually agreed upon time. Visits are usually 1 to two hours in length and take place in the client's home.

## **Clients Supported**

Individuals who live alone, or who lack caregiver support and who would benefit from a social interaction with a volunteer. Durham Region residents, 16 years of age and older.

## What happens during a visit?

During a Friendly Visit, clients and volunteers may engage in various activities, including a friendly chat, shared hobby, exercise or learning a new skill, all while making a lasting friendship.

#### When do visits occur?

Friendly Visits typically take place once a week for approximately 1-2 hours. These visits can be scheduled during the day, evening or on the weekend.

#### Cost

There is no fee for this service.

# How Can I register for the Friendly Visiting service?

Please call 1-888-255-6680 or complete the online referral form found at Request Service to register for the Friendly Visiting service.

#### **Learn More**

CCD's Friendly Visiting team can connect clients with the other integrated community support services offered by Community Care Durham and our partners to support people to live independently in their own homes.

• If you would like to receive more information about CCD services, please call us at 1-888-255-6680 or contact a Community Care Durham office nearest you.

#### **Related Services**

communitycaredurham.on.ca/services/telephone-reassurance/communitycaredurham.on.ca/services/luncheon-out/

