

Mission: With coordinated networks of volunteers and staff, enrich the well-being and quality of life for people wherever they call home.

Volunteer Position: Dining Assistant – Sunrise Seniors Place

Why should I get involved in volunteering?

- Meet new people and develop lasting relationships.
- Increase your happiness and better your well-being.
- Learn new skills and increase your self-esteem.
- Stand out on job applications and further your career.
- Help make a difference and give back to your community.

How can I help?

Reporting to Sunrise Supportive Housing staff, assist with meal delivery and kitchen routines.

What is expected of me?

The dining room is open Monday through Friday from 4:00pm until 7:00pm. Flexible shifts based on your availability with a time commitment of one day per week. Duties may include:

- Light meal preparation, serve coffee, tea and meals.
- Set and clear tables.
- Wash dishes, load and empty dishwasher.
- Wipe down kitchen and dining room surfaces.
- Deliver meals to residents' apartments.
- Provide light assistance to clients with mobility issues (no lifting or transferring).

Find a location close to you.

Sunrise Seniors Place is located at 75 John Street West and 130 Centre Street South, Oshawa.

What training will I receive?

- CCD Orientation and Training (virtual)
- Program specific training

What are the qualifications?

- Satisfactory Police Vulnerable Sector Check.
- Sensitivity to adults with needs related to aging, physical and/or mental health.
- Adhere to **COVID-19** safety practices including providing proof of full vaccinations (where medically able in accordance with Immunization Policy and Government Directives).
- Must work in a safe manner and promote the health and safety of all staff, volunteers, clients and the community as outlined within CCD policies.
- Physically able to work on your feet, basic knowledge of safe food handling.

Apply now or click **here** to see other opportunities.

We are an **Equal Opportunity Employer** committed to providing an inclusive workplace that embraces diversity, values differences and supports the full participation of all employees and volunteers. We recognize the importance of ensuring that all volunteers are treated with equal respect and dignity, and are protected from discrimination and harassment. In accordance with the **Accessibility for Ontarians with Disabilities Act, 2005** and the **Ontario Human Rights Code** we provide accommodations to applicants with disabilities throughout our on-boarding process. If you require this information in an alternate format; require communication supports; an accommodation in applying for a posting and/or if you are selected for an interview, please inform our Volunteer Coordination Team.