

## **Proposed Board of Directors – 2021/2022**

### **HELEN BRENNER – Nominated in 2021**

A long-time resident of Pickering, Helen is a retired RN/MBA and senior health care executive. Throughout her career Helen focused on introducing new and innovative strategies to improve quality of care and the overall health care experience for patients and caregivers. In particular she is proud of being one of the first to lead the introduction of genuine patient engagement through the use of experience-based co-design.

Helen brings with her strategic, operational, business and financial expertise, past board experience, and extensive experience working/partnering with a broad range of stakeholders including senior health officials, board members, patients, caregivers, volunteers and community stakeholders to name a few.

Helen is a passionate gardener who has great respect for nature and as such advocates to protect our local wetlands, watersheds, natural heritage systems and agricultural land.

### **JENNIFER CREE – Elected in 2007**

Jennifer is long-time resident of Ajax. She worked in a community-based agency for 18 years and now works with her husband as the bookkeeper of their publishing company. Jennifer finds time to volunteer at her church and in the community. Jennifer has been actively involved on the committee for the Community Care Durham Walk for Mental Health and has held numerous positions on the board. Jennifer enjoys scrap booking, crafts, and gardening. She and her husband have three children.

### **MARSHA ELY – Elected in 2004**

Marsha has 30+ years of Community Health Care experience. Her professional background is nursing. She has had the opportunity to work with numerous different community and cross sector health care teams, primarily developing and leading Client centred quality improvement projects. Moving to the cottage on Lake Simcoe 16 years ago, provided her with the balance of living next to nature while continuing to work in the health care field in Toronto. Having now left the workforce, Marsha enjoys observing nature, gardening, travelling, and spending time with friends and grandchildren.

### **CHARLOTTE EMPRINGHAM – Elected in 2006**

Charlotte retired from teaching and school administration in Toronto in 2000, after 35 years with the Toronto Board of Education/Toronto District School Board. Two years of short-term contract work in

Toronto was followed by a permanent move to Beaverton where she had summered since infancy. She soon became involved with Community Care Durham as a member of the Brock Local Advisory Committee. She is a Warden and Lay Reader in her church, volunteers at Lakeview Manor, acts and directs with the Beaverton Town Hall Players, loves to play bridge, golf, and lawn bowling.

### **LORRIE HAGEN – Nominated in 2021**

Lorrie and her husband, Adam have raised their family (daughter, son, and dog) in Whitby and have enjoyed seeing it grow over the last 20 years. Ms. Hagen is the Executive Director of The Charles H. Best Diabetes Centre (serving all of Durham) since 2017, where she provides hands-on leadership to the clinical, administrative, and fundraising teams. She is currently co-leading their first-ever capital campaign, since doors opened in 1989, to patients living with type 1 diabetes. Her professional experiences include 20 years in acute healthcare as both a clinician (Registered Dietitian), Nursing Manager and Senior Manager for the Transplant and Medical Specialties units at The Hospital for Sick Children, Toronto. In 2013, Lorrie completed a master's degree in Health Administration (MHSc) from the University of Toronto, Institute of Health Policy, Management and Evaluation.

Lorrie has enjoyed volunteering her time with a variety of projects and places over the years but is particularly excited to be bringing her energy and unique skill mix to the CCD Board. She is passionate about the intersection of community care and health care as it relates to the positive impact and outcomes for our people and their families.

### **MAY LEWARS — Elected in 2020**

May, a Whitby resident, is a communications professional with more than 20 years of experience in the broadcasting and communications industry. She has expertise in strategic communication planning and implementation, media relations, issues and crisis management and executive-level communication support and counsel. Following a career as a broadcast journalist for several local media outlets, Moore managed communications for large GTA school boards.

### **LISA MCCOY – Elected in 2020**

Lisa, a long-time resident of Durham Region, began her career in the charitable sector nearly 30 years ago. Throughout that time, she has held various senior leadership positions with several prominent, nationwide organizations. Lisa is currently the Executive Director for Tourette Canada. Over the years, she has provided strategic oversight to charitable fundraising, event operations, government relations, volunteer engagement, programs, and services.

**NEGHESTI GEBRU – Nominated in 2021**

Neghesti G Gebru is a Canadian Eritrean and a resident of Ontario for over 30 years. She moved to Durham region about two years ago. Earlier in her career Neghesti worked as a Registered Nurse in London and Toronto Hospitals and as a clinical preceptor at George Brown College. The latter half of her career she worked as a nursing professor at Nunavut Arctic College and adjunct nursing faculty of Dalhousie University, Cambrian College, and Laurentian University. She served as a Board member of Registered Nurse Association of Nunavut and Northwest Territories, and Reseau Access Network Sudbury. She is a mother of two daughters and one son. She loves traveling and reading.

**KATELYN OSTROPOLEC – Elected in 2020**

Katelyn is a former Community Care Durham Friendly Visitor and a member in good standing of the Bar of Ontario. She began her legal career in child protection litigation, and more recently worked in consumer protection and professional regulation.

**ALINA POPA – Nominated in 2021**

Alina is a CPA charter holder and currently a director at BMO Capital Markets. She has previous experience in financial accounting, taxation and governance working for some of the largest investment firms.

Alina is a dedicated mentor to junior females on the trading floor and is passionate about helping new immigrants reach their full professional potential.

**MATT SNYDER – Nominated in 2021**

Matt is a resident of Newcastle along with his life partner, two children and three dogs. As a Human Resources Professional, he has spent 10 years with the Provincial Government and 10 years in Healthcare at SickKids and the Peterborough Regional Health Centre.

He has worked with Boards in a staff capacity, and this will be his first Board as a volunteer Director. Matt excited to join this Board for the opportunity it presents to contribute to the community in a new way.

In his spare time Matt enjoys sports, reading, and the outdoors.

**DAVID SUDBURY – Elected in 2020**

David is a long-time resident of Ajax and a retired business executive. He was formerly the CEO of Securefact Inc., a compliance software company and previously held executive positions with Honda

Canada and Honda Canada Finance, where he worked for 30 years. Sudbury has held several Board Director roles, notably with the Central East Local Health Integration Network where he served as Vice-Chair. He is a retired member of the Institute of Corporate Directors and the Financial Executives Institute.

### **KEITH TOURNAY – Elected in 2008**

Keith strongly believes in people receiving services at home. He is an advocate of home care, community action and the vision and mission of Community Care Durham. Keith served on the CYW Advisory Board at Mohawk College for 18 years; Participation House of Waterloo Region for 10 years; was an originating board member for the CCAC of Waterloo Region for five years; and as Past President, has served on the Board of CCD for 13 years. Keith and his wife, Rhonda, are busy raising their two children and Great Dane in Ajax.

### **JAMES MELOCHE - Chief Executive Officer**

An experienced health executive, James brings over 18 years of leadership experience in strategic and operational guidance to Ontario’s healthcare system. Through senior positions in government and provincial and regional planning bodies, serving on health service boards and senior management, and by advising organizations as an

Independent consultant, James possesses a rich and broad perspective on our healthcare system. He now brings this experience and respect for community-based solutions to Community Care Durham as its Executive Director.

A proven proponent of the “triple aim” (better care, better health and lower cost), James has led several quality improvement initiatives across all care environments that have improved client care, while ensuring organizational growth and sustainability. To each challenge James offers his values-based leadership, collaboration, appreciative inquiry and analytical methods in helping organizations and partners achieve their collective purpose – making a difference for citizens and their communities.

James holds a Doctorate in Political Philosophy from the Catholic University of America, and is a graduate of several programs in governance and quality improvement. He and his family reside in Durham Region, where he can be found riding cycling from one coffee shop to another.