

# Friendly Visiting

Seniors and Adults (16 +)



## Overview

Seniors and Adults ( 16 + ) are matched with one of CCD's Friendly Visiting volunteers and receive much-needed social interaction, so they can maintain their independence and quality of life while safely remaining in their home. The volunteer offers companionship regularly with a face-to-face visit or telephone visit at a mutually agreed upon time. Visits are usually up to two hours in length and take place in the client's home.

## Clients Supported

Community Care Durham's Friendly Visiting service supports adults aged 16 and older who have needs related to aging, physical and/or mental health.

## What happens during a visit?

During a Friendly Visit, clients and volunteers may engage in various activities, including a friendly chat, shared hobby, exercise or learning a new skill, all while making a lasting friendship.

## When do visits occur?

Friendly Visits typically take place once a week for two (2) hours. These visits can be scheduled during the day, evening or on the weekend. Although our volunteers and clients are not currently meeting in person, there are options available to meet on virtual platforms such as Zoom or Google Meet. Together, we can keep people connected!

## Cost

There is no fee for this service.

## How Can I register for the Friendly Visiting service?

Please call 1-888-255-6680 or complete the online referral form found at Request Service to register for the Friendly Visiting service.

## Learn More

CCD's Friendly Visiting team can connect clients with the other integrated community support services offered by Community Care Durham and our partners to support people to live independently in their own homes.

- If you would like to receive more information about CCD services, please call us at 1-888-255-6680 or contact a Community Care Durham office nearest you.

## Related Services

[communitycaredurham.on.ca/services/telephone-reassurance/](https://communitycaredurham.on.ca/services/telephone-reassurance/)  
[communitycaredurham.on.ca/services/luncheon-out/](https://communitycaredurham.on.ca/services/luncheon-out/)