

Community Food Box

Seniors and Adults (18+)



Overview

With the support of local businesses and farms, the food boxes contain the essentials for healthy eating, which are locally made or grown. The boxes help relieve the pressure from immediate family members who cannot provide the necessary care to their vulnerable loved ones. We are continuing to partner with local businesses to bring you a truly “community” experience.

Clients Supported

Community Care Durham (CCD) has partnered with local suppliers, including the W. Galen Weston Centre for Food at Durham College, to stock the Community Food Boxes. Depending on availability, each Community Food Box may contain:

- Eggs & Dairy
- Breads & Baked Goods
- Pasta & Soups
- Beverages
- Paper Products
- Fruits & Vegetables

The boxes may also contain recipes and food tips developed by the Durham College culinary program.

Limitations

Basic food preparation is required with the items provided. This service is designed for those who can cook and prepare their meals.

Program Locations

Durham Region

Availability

Community Food Boxes are delivered to clients by CCD volunteers and staff every Friday. Order weekly, bi-weekly or once a month.

Cost

Each Community Food Box is \$35. There is no charge for delivery.

How Can I Order a Community Food Box

Please call 1-888-255-6680 or complete the online referral form found at Request Service to order a Community Food Box for yourself or a loved one. Orders are due on Thursdays for FREE delivery the following Friday.

Learn More

CCD's Community Food Box team can also connect clients with the other integrated community support services offered by Community Care Durham and our partners to support people to live independently in their own homes.

- If you would like to receive more information about CCD services, please call us at 1-888-255-6680 or contact a Community Care Durham office nearest you.

Related Services

communitycaredurham.on.ca/services/meals-on-wheels/