



## Volunteer Position: Adult Day Program

### Why should I get involved in volunteering?

- Meet new people and develop lasting relationships.
- Increase your happiness and better your well-being.
- Learn new skills and increase your self-esteem.
- Stand out on job applications and further your career.
- Help make a difference and give back to your community.

### How can I help?

Reporting to Adult Day Program staff, assist with a variety of social and recreational programs.

### What is expected of me?

Our programs run Monday through Friday from 9:00am until 6:00pm at various sites. Flexible shifts based on your availability with a minimum of 2 hours per week. Duties may include:

- Facilitate large group activities (e.g. interactive games and exercise).
- Assist staff with programming (e.g. educational, cognitive, emotional, entertainment).
- Work one-on-one with clients (e.g. assist with fine motor skills).
- Administrative tasks (e.g. client files, answer the phone).
- Housekeeping tasks (e.g. cleaning and sanitation of kitchen and common areas).

### Find a location close to you.

Volunteer at one of our Community Hubs: Clarington, North Durham (**Uxbridge only**), Pickering/Ajax and Whitby/Oshawa.

### What training will I receive?

- CCD Orientation and Training (virtual)
- Program specific training

### What are the qualifications?

- Satisfactory Police Vulnerable Sector Check.
- Sensitivity to adults with needs related to aging, physical and/or mental health.
- Adhere to **COVID-19** safety practices.
- Must work in a safe manner and promote the health and safety of all staff, volunteers, clients and the community as outlined within CCD policies.
- Able to work on your feet in a fast-paced environment.

**Apply now** or click **here** to see other opportunities.

We are an **Equal Opportunity Employer** committed to providing an inclusive workplace that embraces diversity, values differences and supports the full participation of all employees and volunteers. We recognize the importance of ensuring that all volunteers are treated with equal respect and dignity, and are protected from discrimination and harassment. In accordance with the **Accessibility for Ontarians with Disabilities Act, 2005** and the **Ontario Human Rights Code** we provide accommodations to applicants with disabilities throughout our on-boarding process. If you require this information in an alternate format; require communication supports; an accommodation in applying for a posting and/or if you are selected for an interview, please inform our Volunteer Coordination Team.